



10 BIG Things I Want to Do in My Lifetime

Write down 10 BIG things you want to do in your lifetime

- # 1 _____
- # 2 _____
- # 3 _____
- # 4 _____
- # 5 _____
- # 6 _____
- # 7 _____
- # 8 _____
- # 9 _____
- # 10 _____

Barriers to the BIG Thing

Select 1 BIG thing and check the Barriers or Excuses keeping you from it.

	Barrier	Excuse
I don't have time to pursue this	___	___
I don't have enough money to make this happen	___	___
I don't know how to do _____	___	___
I don't have any _____	___	___
My _____ won't let me	___	___
I am afraid that I will fail	___	___
I am afraid that _____	___	___
I don't have the education / skill to do this	___	___
No one believes I can do this	___	___
I don't get the support that I need to do it	___	___
It will take too long	___	___
It is too much work to do this	___	___
_____	___	___